



Preoperative and Postoperative Care Instructions

Intestinal (Bowel) Pre-op Instructions

- Go to SBRMC for your scheduled pre-admission appointment.
- Continue eating your regular diet.
- One day before surgery:
 - Do not eat solid foods today. Clear liquids only, such as apple juice, soda, bouillon/broth, jello, and popsicles.
 - Take one dose of each of your antibiotic prescriptions at 1:00 pm, 2:00 pm, and 11:00 pm. The number of tablets for one dose of each antibiotics will be specified on your prescription label.
 - Begin Go-lytely prep early this evening. Drink all of it as quickly as possible.
 - No red liquids.
 - Nothing by mouth after midnight.

Please contact our office if you have any questions or concerns.

(251) 424-1620