Preoperative and Postoperative Care Instructions

Vasectomy Post-op Instructions

- Other forms of protection from pregnancy should be practiced until sterility has been confirmed by semen specimen.

- No lifting greater than 10 lbs. (a gallon of milk).

- You may shower in 24 hours, but do not soak the incision (i.e. tub, hot tub, pool, or ocean) until evaluated in the office.

- Use antibiotic ointment 2 times a day.

- Follow up in our office in 2 weeks for wound evaluation.

- Follow your regular diet as tolerated.

- Wear briefs for support, not boxers, for at least 3 days postoperatively.

- Use your pain medication (if prescribed) as directed.

- Please notify us if you have a fever of 101 or greater, bleeding, or pain greater than expected.

Please contact our office if you have any questions or concerns.
(251) 424-1620