



Preoperative and Postoperative Care Instructions

Wound Care

DO's

- May shower in 24 hrs.
- May remove outer dressing in 48hrs. Leave steri- strips in place. If steri-strips get wet, pat dry. If they fall off, do not worry.
- Cleanse with antibacterial soap and water.
- Minimal activity for 48 hours.
- Antibiotic ointment may be used for 3 days after surgery.

DONT's

- Don't soak the incision (i.e. tub, pool or ocean).
- In case of bleeding: Remove dressing and apply steady pressure with clean cloth, gauze, or paper towel for 20 minutes. Ice or iced compress also may be used. If these measures do not stop the bleeding, please call or go to the nearest emergency room.

Please contact the office if you have fever of 100.4 or greater, redness, swelling, or bleeding, drainage from the incision site that appears infected or persistent pain not relieved by pain medication.

Please contact our office if you have any questions or concerns.

(251) 424-1620